

SUMMER

What's on For Families in North East Edinburgh

Free or Low-Cost Activities and Support for Families during the Holidays



Discover! Summer

Portobello High School, 1 Milton Road, EH15 3BY

Tuesdays, Wednesdays and Thursdays, 10am-2.30pm each week from the 2nd of July- 8th August
Free provision for primary age children and their parents and carers to help ease financial pressure and keep children engaged over the holidays.

Families can take part in a range of activities which include storytelling, music activities, sports, games, fun visiting workshops and weekly trips. Breakfast and lunch are provided and transport available. Access to a range of support and advice services will also be available. Families should register their interest with their school or support worker and check if they would be eligible.

Professionals wishing to make a recommendation for a family should contact

discover@edinburgh.gov.uk or molly.page@edinburgh.gov.uk

Excel 'Schools Out' Programme, St Francis RC Primary

Run by the Jack Kane Community Centre and partners. Holiday programme Monday, Wednesday and Friday, 22nd July- 9th August, 10am-12pm for Primary 4-7 children who attend St Francis School. Fun activities and sports, have lots of fun while learning new things. Sessions are free and include snacks. For more information contact St Francis RC primary school.

Jack Kane Community Centre

208 Niddrie Mains Road, EH16 4ND

Good Hood Group- 12th July- 9th Aug, Fri 1-3pm, 8-12years. Have fun, learn and try new things.

Children's Trips for 8-12year olds, each Tuesday from 16th July-6th August, packed lunch provide. Contact the centre for more information.

Active Youth- 12th July-2nd Aug, Fri 6-8pm, S1+. Chill out with mates, enjoy activities or be active.

Young People's Trips for S1+, various days and evenings, hot food or snack provided. Contact the centre for more information.

All trips and activities are free, limited places. Must book and complete consent form beforehand.

Contact Kym on 0131 657 1595 and keep up to date on Facebook

Come Outside this Summer!

Run by SAMH, Carr Gomm, Edinburgh and Lothians Greenspace Trust

Each Thursday, Friday and Saturday, 11am-2pm from 11th July- 3rd August

Free outdoor fun. Explore your local area, learn about the woodland, create natural art, cook on an open fire, storytelling, den building, visits to local community gardens and more!

All families welcome- lunch provided, meet at the entrance to Castlebrae high school each day.

Contact Shona on 07734252991 to book and for more information.

Dr Bell's Family Centre

15 Junction Place, Leith, EH6 5JA

Summer Family Outings, free for Leith families with at least one child under 5 years.

Enjoy trips to the Botanical Gardens for Bookbug, Modern Art Gallery, Museum, Water of Leith Buggy Walk and beach with other families. Meet at the venue, picnic will be provided for all children attending.

Please see Dr Bells Facebook page for more information and contact Dr Bell's to register to attend Tel: 0131 553 0100

Leith Community Centre, 12A Newkirkgate, EH6 6AD

Family Learning for English learners, Thu 4th July 2-3.30pm, English lessons using Storytelling and Games for the whole family

Play & Connect for all Parents/Carers & under 5's and siblings, Thu 11th, 18th and 25th July, 9.45-11.45am, play in and out of the community centre. Thu 1st Aug and Thu 8th Aug, 1-2.45pm, Story and walk, meet at the centre. Fri 3rd Aug, 2-4.20pm, visit to Pianodrome Animation Show in Leith Thu 22nd Aug, 9.30-12pm Children's Book Festival visit, Joseph Coelho show

Contact Heather Muchamore, Tel: 0131 554 4750 or 07840 649286 or email

heather.muchamore@ea.edin.sch.uk

Hope Church, 135 Mountcastle Drive South, EH15 3LR

'Jungle Adventure' Holiday Bible Club, Mon 1st July- Fri 5th July 10am-1pm (doors open 9.50am, For primary age children. Fun, games, mess, bible stories, crafts, stories and more. Lunch included, £1 per day. Parents are invited to join the children on the Friday for a BBQ and to hear about the children's adventures. Limited places. To book a place, register at

<https://www.hopebingham.co.uk/holidayclub/> or pop into the café and complete a consent form.

www.facebook.com/hopecommunitycafebingham

Niddrie Community Church, 12 Hay Drive, EH16 4RY.

Saturday 29th June Annual Fun Day, 11am-1pm. Inflatables, face painting, food and more.

Dance and Football Academies the week of the 1st of July, 11am – 12.45pm, the dance academy is suitable for ages 4years and over. The Football Academy is suitable for Primary1-7. Lunch provided, cost £1 per day, discount available for families under financial pressure.

Holiday Club 'Under the Sea', 8th July - 12th, 10.30 am - 2pm. Lunch included, £1 per day attending for the week. Discount for more than one child or families under financial pressure.

For more information or to book email tasha@niddrie.org or call 07816292212.

Richmond Craigmillar Church Holiday Club

227/229 Niddrie Mains Road, EH16 4PA

1st-5th July, 10.30am-12.20pm followed by free lunch. Children P1-7, £1 per day.

Games, crafts, fun, story and building a boat!

To register pick up a form at Richmond Café and return by 24th June or contact Liz Tel: 0131 661 6561/07704 902295 email jstart@churchofscotland.org.uk

Outdoor Smart Play Rangers Sessions

Free fun drop in outdoor play- games, construction tasks, messy and scrap play, all resources and support provided by play rangers. Sessions are open to all, most suited to primary aged children.

The rangers are not offering childcare so if children attend it is on the understanding that they are free to leave if they choose to. The sessions will continue to run over the Summer holidays-

Every Tue 3.15- 5.15pm Bingham Park, Wed 3-5pm Brunstane School grounds, Fri 12.15- 2.15

Brunstane School grounds, 3- 5pm Bingham Park

End of term FREE Playday, Friday 28th June, 12-3pm, Brunstane School grounds. Open to

primary age children and their families. Lots of extra activities- petting zoo, cycling instruction, face painting, fire engine, minibeast hunt and refreshments.

Dads Rock Free for dads, granddads, male carers and kids 0-5 years

Granton Parish Church, 55 Boswall Parkway, EH5 2DA Saturdays 10.00-11.30am. Trips out planned

for 13th July and 10th August, 6VT Youth Café, 11-15 Vennel, EH1 2HU Sundays 11.00am-12.30pm

Contact 07807 498709 hello@dadsrock.org.uk

Figgy Kids, Figgate Park, Mountcastle Drive North

The first Monday of the month 10am-12pm. Next session 1st July.

Join us with your little one for games and activities in the park. Meet by the willow sculptures by Hamilton Terrace entrance. See our Facebook page for more information.

Bridgend Farmhouse Family Summer Programme

41 Old Dalkeith Road, EH16 4TE

A variety of FREE family friendly activities running throughout the Summer.

4th July 11am-1pm and 11th July 2-4pm Family Led Bike Ride, 5th and 12th July 10am-3pm Painting insects on wood, 10th, 17th, 24th July 3-5pm Family forest skills, 11th and 18th July 11am-1pm Family Permaculture, 19th July 1-4pm Family Mosaic.

Limited spaces available. For more information or to book activities contact

admin@bridgendfarmhouse.org.uk or Tel: 0131 564 0068.

www.bridgendfarmhouse.org.uk/ or visit Facebook for up to date information

Library Summer Reading Challenge

The Summer Reading Challenge "Space Chase" will be running from 22nd June to the end of August. Children will need a library card to take part, register online or at your local library for free with ID. Children are challenged to read up to 6 books over the summer, they will collect stickers for each book they finish, and when completed they will get a medal and certificate.

Edinburgh International Book Festival

Charlotte Square Gardens 10th-26th August

Full details at www.edbookfest.co.uk/families

Play Plus Toy Library- Summer Sessions

Inch House Community Centre, 225 Gilmerton Road, EH16 5UF

An annual membership of £4 allows families to borrow a wide range of toys, as well as stay and play at the interactive sessions. Summer themed play sessions including indoor and outdoor play will run on Tuesdays 10am-1pm, on the 16th, 23rd, 30th July and 6th August. Targeted to families with children under 5 years, older siblings welcome.

playplus@smartplaynetwork.org Tel 0131 664 4710

Piershill Library

Bookbug Rhymetime Wednesdays 2-2.30pm, songs and rhymes for under 4years and parents

Storytime with Kenny and the Magic Rug Time, Fridays 10.30am for ages 4-10years

Space Chase Craft Sessions Thu and Fri afternoons from 4th July-9th Aug, 3-4pm, 4-10year olds

Under 8's must be accompanied by a parent/carers over 12 to all library activities

For more information call Piershill Library on 0131 529 5685

Portobello Library

Bookbug each Wednesday 10.30am and Saturday 11.30am

Space themed Craft Sessions suitable for 6-12 years, every Monday at 2pm, Tuesdays 16th and 30th July and 13th Aug at 2pm, Wed 7th Aug at 2pm and on Fridays at 2pm, alternating Craft / Lego building and creativity sessions.

Under 8's must be accompanied by a parent/carers or young person over 12 to all activities

For more information call Portobello Library on 0131 529 5558 or check Facebook

McDonald Road Library

Bookbug Fridays 10.30am, session free but ticket needed and available from 10am at the library.

Polish Bookbug Sat 6th July 10.30am, then alternative Saturdays.

Library Craft Space Themed Sessions for 4-11years, Wednesdays, Fridays and Saturdays 2pm

Family Film Showing Sat 10th August, 2pm Monsters vs Aliens

For more information contact McDonald Road Library on 0131 529 5636

Leith Library

1st and 3rd Tuesday of every month, 10.30-11.15am, 2nd and 4th Wednesday of every month, 10.30-11.15am

Space craft sessions for 4-10year olds Fridays 2.30-3.30pm

For more Summer activities check out Facebook or contact Leith Library on 0131 529 5517

Craigmillar Library with Craigmillar Books for Babies

Sat 29th June, 11am-12pm, Special family event to celebrate dads/male carers and children under 4years. 'Senses and Textures' with Zoolab, animals/ insect handling, storyteller, snack, book gift
Baby and toddler Rhymetimes Tuesdays 11am-12pm
Polish Rhymetime monthly Wed 26th June, Wed 31st July, Wed 28th August 10-11am
Saturday Storytimes with Eric Brennan, Saturday 27th July, 11am-12pm -Teddy Bear's Picnic in the garden, don't forget your teddy! Juice and snack provided. Saturday 31st August 11am-12pm, Row, Row, Row your Boat!
Crafternoon Fridays 2pm and Saturdays 2.30pm, for additional craft sessions and family film sessions keep see the Facebook page or call Craigmillar Library on 0131 529 5597

FREE Swimming Lessons Portobello Swim Centre

Preschool children 4th Aug slots available 11 and 11.30am and 10th Aug, slots available 11, 11.30am, 12 and 12.30pm. 0-3.5 years will require a parent in the water.
Age 5years+ 1st, 2nd, 29th, 30th July 5th, 6th August slots available 10am, 11am and 1pm each day
Children with Additional Support needs, 8th and 10th Aug, slots available 9am, 10am, 9th Aug slots available 10am, 11am, 1pm, 2pm.
Spaces are limited and will be issued on a first come first served basis.
Please contact louisefindlay@edinburghleisure.co.uk or visit the Swim Centre to make a booking

Play Together on Pedals

Free drop in cycling sessions for 3-5year olds, bikes and helmets provided with experienced instructors on hand to help your little one to gain the skills and confidence to ride a bike.
Fri 28th June, 12-3pm Brunstane Primary, 106 Magdalane Drive, EH15 3BE,
Sun 30th June, 10am-12pm, Bangholm Outdoor Centre, 23 Craighall Gardens, EH64RJ
Wednesdays 10am-12pm 3rd, 10th, 17th 31st July, Victoria Park, 141 Newhaven Road, EH6 4QR
Family sessions on the second Sunday of each month at Bangholm Outdoor Centre, 10am-12pm. Try out a range of family bikes with child seats, trailers, tag-alongs etc.
Autism Friendly and 6 years plus session, Sunday 21st July Bangholm Outdoor Centre, 23 Craighall Gardens, EH64RJ- Book online.
www.playonpedals.scot email angie.kinghorn@cyclinuk.org

Summer Football

Weekly free football sessions at Portobello High School run by Edinburgh Leisure.
Mondays 2-4pm, Fridays 7.30-9pm from 1sy July, open to ages 11years and over. No need to book, just rock up and bring yourself or your squad for games.

Summer Basketball Camp

Summer Holiday Camps 1st - 5th July and 5th – 9th August, Portobello High School
P1-P7 10.00 -11.30, Under 14's, Under 16's 11.30-1.00pm Under 18's 1.00-2.30 pm
£5 per session (reductions available for families on low income)
Register at www.cityofedinburghbasketball.net/camp/ For more information please contact Katie McPherson Email: cityofedinburgh@gmail.com

Helping Hands Free Boxing Fitness

Holyrood Boxing Gym, 146 Duddingston Road West
Tuesdays and Thursdays from 2nd July 5.30-6.30pm, suitable for 8-16year olds

Helping Hands Free Kids Football

Leith Links at Leith Athletic, Tuesdays 6-7.15pm, starting 2nd July, suitable for 8-16year olds.
Jack Kane Centre pitches, Mondays 6-7.15pm, starting 1st July, suitable for 8-16year olds

Projekt 42 Youth Fitness

117 Leith Walk
Fridays 2-3pm, FREE, 12-16year olds. A wide range of activities such as boxing, dance and yoga.
Email: projekt42.co.uk for more information

Edinburgh Leisure #YouCan Programme

Tuesday activities during summer for young people aged 11-26 who have experience of the care system. Experience different activities each week such as Clip and Climb, Gymnastics, trampolining, Aquadash, Days out. Will meet at the Commonwealth pool at 10am for breakfast. For more information or to book a place contact Roy at roystewart@edinburghleisure.co.uk Spaces are limited and will be allocated on a first come first served basis.

Impact Arts Summer Programme

Tuesdays - Fridays from July 2nd until July 26th

Cashback to the Future offers a completely free four-week summer programme, giving young people the chance to work with professional artists, musicians, filmmakers and actors on youth-led creative projects. The workshops are eligible for 12-19year olds living in an area of deprivation, at risk of disengaging from education or living with a mental health condition or disability.

If you have any questions or to make a referral, please contact Impact Arts on 0141 575 3001 or email cashback@impactarts.co.uk <https://www.impactarts.co.uk/content/cashback-to-the-future-2019/>

Craigmillar Community Grows- Foraging Walk,

Wed 24th July, 1pm-3pm, Meet outside the Craigmillar library. A free short walk along the railway to find foods to forage. For more information call Karinon on 07824 838364

Apple Free Kid's workshops

Free workshops are available at local Apple stores from for children aged 8-12years and an accompanying adult during the Summer. <https://www.apple.com/uk/today/camp/>

Additional sessions are available for families at <https://www.apple.com/uk/today/princesstreet/>

Activities at the Royal Botanic Gardens

Art Explorers a Garden that Moves

Sunday 7th July 1-4pm, Suitable from 3years plus, Drop in. Garden Room

Creative fun, be inspired to make your own work of art. Learn how to create a simple sculpture inspired by the garden in summer with bees, butterflies and birds that move.

The Edinburgh Festival Fringe

Lots of free children's shows

https://tickets.edfringe.com/whats-on#fq=category%3A%22Children's%20Shows%22&fq=is_free%3Atrue&q=%3A*

Such as Ceilidh Kids and the Fringe- Free, Suitable for children 3-7years with parents and carers. <https://tickets.edfringe.com/whats-on/ceilidhkids-at-the-fringe-free>

Activities at The National Museum of Scotland

Chambers Street, EH11JF

Wee Summer Mornings

1-26th July (Mon, Wed, Fri) 10.30-10.55am. FREE sign up on the day.

Explore themes in the museum through stories, songs and simple activities. Suitable for under 5s and their accompanying adult.

Science Saturday

20th July 12-4pm, Free drop in space themed activities.

www.nms.ac.uk/exhibitions-events/events/national-museum-of-scotland/summer-holiday-programme/

Activities at The National Portrait Gallery

1 Queen Street, EH21JD

BYOB: Bring Your Own Baby/ Bump Ages 0-1 years, Free no need to book. 1st July, 2nd Sept: 10.15, 11am & 11.30am Check website for venue as it may change.

Monthly informal chats in the gallery for grown-ups with their wee-est ones

Scottish National Gallery of Modern Art (Modern One), 75 Belford Rd, EH4 3DR

Family Art Tour Ages 6+,

Saturday 29th June, 11-2.45am. Younger siblings welcome too.

Short, interactive, creative tours. The perfect introduction to art for your whole family.

Kids Cut it Out! FREE drop in sessions 14th July-11th August, 2-4pm. Artists on hand every day to help you make your own collaged-creations, inside and out.

Summer Family Day- FREE drop in

14th July and the 11th August 12-4pm. Suitable for all ages, Face painting, performances and entertainment for the whole family.

City Arts Centre, 2 Market Street, EH1 1DE

Jazzy Tiles, 6th July 12.30, 1.30, 3.30pm. Free Drop in Tile painting, make your own colourful tile inspired by Victoria Crowe's work. No need to book.

Floral and Leaf Print Family Workshop, 14th and 28th July 1.30-3.30pm. FREE drop in.

Make your own work of art using natural materials such as flowers and leaves and paint to make botanical inspired prints.

Free drop in Clay Landscape Tiles, 8th Aug 1.30-3pm. Make a clay tile to paint at home

Free drop in Colouring in with words, 10th August 1.30-3pm. Creative writing fun for families. Join poet Katy Hastie to cut out and make up poems and stories about colour.

Exploring Portraiture, 11th August, 10.30, 12.30, 1.30, 3.30pm

Make your own self portrait using symbols, objects and colours. Free drop in.

Known and Imagined World, 15th August, 10.30, 12.30, 1.30, 3.30pm

Create your own masterpiece using textures. Free drop in.

The Language of Flowers, 18th August 1.30-3.30pm

Make paper mosaics inspired by nature. Free drop in.

Fort Kinnaird Shopping Centre Summer Programme of Family Activities

A variety of outdoor inspired activities each Mon, Wed and Sat 11am-4pm from the 29th June

<https://www.fortkinnaird.com/news-events/camp-fort-kinnaird>

RSPB Scotland at Lauriston Castle

12th and 13th July. Free drop in wildlife themed activities 10am-4pm

Family Fun Day

St Bride Centre, 10 Orwell Terrace, EH11 2DZ 30th June 2-4pm, adults £3, Under 16s £1

Join in a host of Carnival Activities including drumming, dancing, making headdresses or storytelling, Performances of music and dancing, www.edinburghcarnival.co.uk

Edinburgh Festival Carnival!

Edinburgh City Centre 14th July from 2-5pm, parade from the top of the Mound at 2pm, music, dance and colour with free fun and entertainment for the whole family.

Oor Wullie's Big Bucket Trail 17th June-30th August

Explore the Edinburgh trail to find the many different statues of Oor Wullie around Edinburgh.

Download the map from <https://wpcluster.dctdigital.com/oorwulliesbigbuckettrail/wp-content/uploads/sites/109/2019/06/EDINBURGH.pdf> or download the app.

Community Food

Venchie Children and Young People's Project FREE Packed Lunches

Venchie Children and Young People's Project, 61 Niddrie Mains Terrace, EH16 4NX

All children living in Niddrie, Craigmillar, Bingham and surrounding areas are eligible.

Monday 8th July- 9th August, packed lunches can be collected each weekday between 12-1pm.

Families fill out a registration form before the holidays or the first day collecting their child's lunch.

Tel: 0131 629 9546 Email: info@venchie.org.uk

Cyrenians Pantry at Sandy's Community Centre

76 Craigmillar Castle Avenue

Join for just £1 to be able to pick up to 10 affordable, high quality food items. Every 2nd Thursday 11am-1pm, next session 4th July. Limited memberships available. Email michelledennis@cyrenians.scot

Richmond Craigmillar Church Summer Holiday Free Children's Lunches

227/229 Niddrie Mains Road, EH16 4PA

Primary School age children, available each week of the holidays Monday-Friday except the week of the 15th and 26th of July. Hot rolls, sandwiches, chips and cheese, chips and curry sauce.

Bridgend Farmhouse Community Cafe

41 Old Dalkeith Road, EH16 4TE

International Dinner 1st July prep 1-4pm donation welcome but not essential, meal 5-6pm, Foraging Cooking 8th and 22nd July 12.30-3.30pm, Surplus Supper prep 1-4pm, meal 5-6pm, Community Meal each Tuesday in July prep 1-4pm, meal 5-6pm, donation welcome not essential. Limited spaces available. For more information or to book activities contact admin@bridgendfarmhouse.org.uk or Tel: 0131 564 0068. www.bridgendfarmhouse.org.uk/ Café open Thursday, Friday and Saturday 10am-4pm, selling well priced freshly made food.

Royal Botanical Gardens Cyrenians Community Cook Club

Bi-monthly on Fri June 28, July 12 & 26, August 9 & 23, September 27, 10:30–13:30 (drop-in) For adults & families, Botanic Cottage, Free. Cyrenians run these clubs supporting members of the Community to prepare and sit down to enjoy nutritious meals with good company. For more information, email foodeducation@cyrenians.scot

Reuse Showhome, Ocean Terminal

22nd June-29th June. 12-6pm

FREE workshops and family friendly drop in activities, all materials provided or bring your own and learn to upcycle them. www.facebook.com/events/445735046175708/

Foodbanks

Foodbanks are able to provide emergency food for three days to anyone who finds themselves in crisis. Anyone needing help will need a valid foodbank voucher. To find out which agencies can issue vouchers contact The Foodbank on 0131 444 0030 or Social Care Direct on 0131 200 2324/Out of Hours 0800 731 6969. Vouchers can be taken to the nearest Foodbank Centre where volunteers give a warm welcome, can offer support and put together a nutritious food parcel. See www.edinburghne.foodbank.org.uk/ and <https://edinburghnw.foodbank.org.uk/locations/>

Craigmillar Foodbank, Bristo Memorial Church, 196 Peffermill Road, EH16 4AJ

Opening times: Tue 11:00 - 14:00 Thu 11:00 - 14:00 Sat 12:30 - 14:30 Tel: 07946 628 976

Broughton Foodbank, Broughton St Mary's Parish Church, Bellevue Crescent, EH3 6NE

Opening times: Mon 13:30 - 15:30 Thu 13:30 - 15:30 Tel: 07805 204 009

South Leith Parish Church Halls, 6 Henderson Street, Leith EH6 6BS

Opening times: Monday 13:00-14.30 Fri 15:00-17:00 Tel: 0131 554 2578

North Leith Parish Church Halls, 1b Madiera Street, Leith, EH6 4AW

Opening times: Tuesday 10:00-12:00 Friday 10:00-12:00 Tel: 0131 553 7378

Leith St Andrew's Church Hall, 410-412 Easter Road, Leith, EH6 8HT

Opening times: Tuesday 13:00-14.30 Thursday 10:00-11.30 Tel: 0131 553 8839

Pilrig St Paul's Church Hall, 1a Pilrig Street, Leith, EH6 5AH

Opening times: Wednesday 16:30-18:00 Tel: 0131 553 1876

St Margaret's Parish Church Halls, 48 Restalrig Road South, EH7 6LE

Opening times: Wednesday 11:00-12.30 Tel: 0131 554 7400

Support and Information

Community Renewal Young Mum's Group

Thursdays 1-3pm for young mums aged 16-25years. Usually meet at Craigmillar Library but also go on play and leisure activities. Informal support available on training, benefits, housing etc Contact Eve on 07739626205 or eve@communityrenewal.org.uk for more information or to attend

Bridgend Farmhouse Car Boot Sale, 41 Old Dalkeith Road, EH16 4TE

Second Saturday of every month, 10.30am-2pm.

Book your table by emailing admin@bridgendfarmhouse.org.uk Tel:0131 5640068

Family and Household Support Drop ins

Support and advice from Housing and Family Support staff on benefits, budgeting and debt. Help with tenancies or housing bids. Email northeast.familyandhouseholdsupport@edinburgh.gov.uk

Drop in–North East Neighbourhood Office 101 Niddrie Mains Road Tue and Thu 2-4pm

Drop in- Leith Library 26-30 Ferry Road Fri 10am-12pm. Duty contact number: 0131 529 7168

Streetwork Holyrood Hub and Helpline

22 Holyrood Road, EH8 8AF

Streetwork support anyone in Edinburgh who does not have a safe place to sleep. Advice, referrals and support people to access a range of services. Individual support, shower, laundry, GP, vet service, workshops. 24hr Freephone Helpline: 0808 178 2323

Drop in: Weekdays Monday-Friday: 7:15am – 10pm, Weekends Saturday-Sunday: 8.15am – 4pm

Employment Safety Net

Community Renewal Employment Safety Net is able to support any young person aged 15-25 facing barriers to education or employment with 1-1 support, building a cv, job searching, applications for college or training, help with benefits, housing, etc across the Greater Craigmillar & Portobello area. Contact Craig Anderson Tel: 07850 708 925

FREE Parent Helpline previously Parentline Scotland – Children 1st

Advice and support for parents/carers. Mon-Fri 9am- 9pm Sat, Sun 9am-12 pm. 08000 28 22 33

www.children1st.org.uk/help-for-families/parentline-scotland/

Lone Parent Helpline-One Parent Families Scotland www.opfs.org.uk

Information and advice for single parents. Open Mon-Fri 9.30am-4.00pm Tel: 08088010323

Social Care Direct- Children and Families Social Work

Request help or advice about a child or vulnerable adult requiring support due to illness, disability or at risk or harm. Tel: 0131 200 2324 Out of Hours 08007316969

Domestic Abuse Freephone 24 hr Helpline

Support for Women experiencing domestic abuse and their friends and family. Translation facilities available for callers whose first language is not English. Tel: 0808200247

Programmes Activities and Groups for Parent and Carers

For information on the support available for Parents and Carers in North East Edinburgh visit www.edinburgh.gov.uk/pacs or contact the Parent and Carer Support Development Officer, Lifelong Learning on 0131 469 3081



If you would like to add activities to a future *What's On for Families in NE Edinburgh* list or if any information in this list is incorrect please email supportingparentsandcarers@edinburgh.gov.uk