

## Setting up Downtime – a guide for parents

There are a host of pre-approved apps on Empowered Learning iPads which provide a wide range of opportunities for your child to be creative and actively engaged in their learning, as well as features that help your child to support and personalise their learning experience.

Empowered Learning iPads are secured and restricted using Mobile Device Management (MDM) software. In addition, the iPad has device level web filtering that blocks access to inappropriate websites. This filtering is active regardless of which Wi-Fi network it is connected to. Social media websites and apps that could facilitate cyberbullying are also blocked.

Optionally, you may wish to limit the times of day your child has access to their iPad. One way to do this is by setting up the **Downtime** feature on the iPad. (For further info and tips on managing screen time please refer to <https://www.internetmatters.org/issues/screen-time/>).

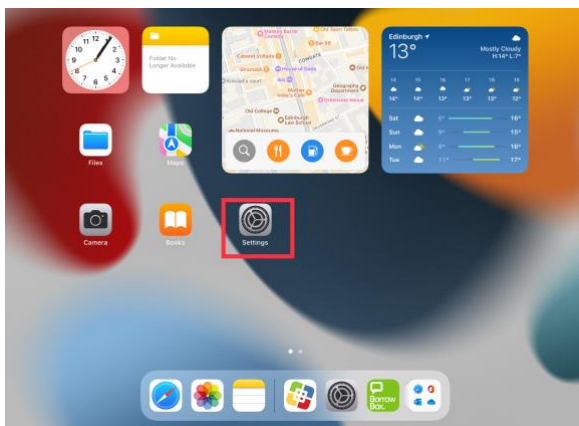
### What is Downtime?

Downtime allows you, as a parent/carer, to set a schedule for time away from the iPad screen. Please do not set Downtime for during the school day, as this would prevent your child from using the iPad during lessons and therefore accessing their learning. There also may be homework activities that your child completes using their iPad, so please also consider this when selecting the time, you set Downtime for.

You would set up **Downtime** using the **Screen Time** feature directly on your child's iPad.

### Step 1

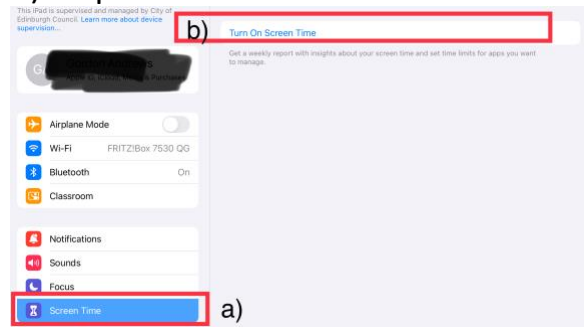
Tap the **Settings** cog to open Settings.



### Step 2

a) Scroll down the left hand menu to **Screen Time**

b) Tap **Turn on Screen Time**



### Step 3

Tap **Turn On Screen Time.**



#### Screen Time

Get insights about your screen time and set limits for what you want to manage.

**Weekly Reports**  
Get a weekly report with insights about your screen time.

**Content & Privacy Restrictions**  
Restrict settings for explicit content, purchases, downloads and privacy.

**Downtime & App Limits**

**Turn On Screen Time**

[Set Up Later](#)

### Step 4

Tap **This is My Child's iPad.**

[Back](#)

#### Is This iPad for Yourself or Your Child?

Screen Time for a child's iPad lets you set up additional parental controls.

**This is My iPad**

**This is My Child's iPad**

### Step 5

Tap **Set Up Later**

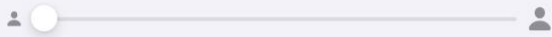
[Back](#)



#### What content can [redacted] access?

Choose an age for suggested content restrictions, or customise for each type of content.

Age: 5 and under



**Apps** 4+ ▾

**Books** Clean ▾

**Turn On Restrictions**

**Set Up Later**

**NB:** Social media apps and non-educational games are already blocked so your child cannot access these on their iPad.

### Step 6

- Tap **Start** to select when you want the time away from the screen to start
- Tap **End** to select when you want the time away from the screen to stop
- Tap **Turn On Downtime**



#### Set time away from screens?

Set a schedule for time away from the screen. During downtime, your permission will be required for more screen time. Only apps you choose to allow and phone calls will be available.

a) Start 22:00

b) End 07:00

c) **Turn On Downtime**

[Set Up Later](#)

**NB:** please do not set daily time limits for **Apps** as this will limit your child's access to apps throughout the school day and may well disrupt their learning.

## Step 7

Select **Set Up Later**



### Set app and website limits?

Set daily time limits for app categories you want to manage. After a limit has been reached, your permission will be required to allow more time.

All Apps & Categories

Social

Games

Set App Limit

**Set Up Later**

## Step 8

Set a 4 digit passcode that will be required to allow for more time, or to make changes to Downtime settings

[Back](#)

### Screen Time Passcode

Create a passcode that will be required to allow for more Time, or to make changes to Screen time settings.



## Step 9

Re-enter the same 4 digit passcode

[Back](#)

### Screen Time Passcode

Re-enter your passcode.



## Step 10

a) Enter your **Apple ID** for **Screen Time Passcode Recovery**.

b) Tap **OK**

[Cancel](#)

**OK**

### Screen Time Passcode Recovery

If you forget the Screen Time passcode, you can use your Apple ID to reset it.

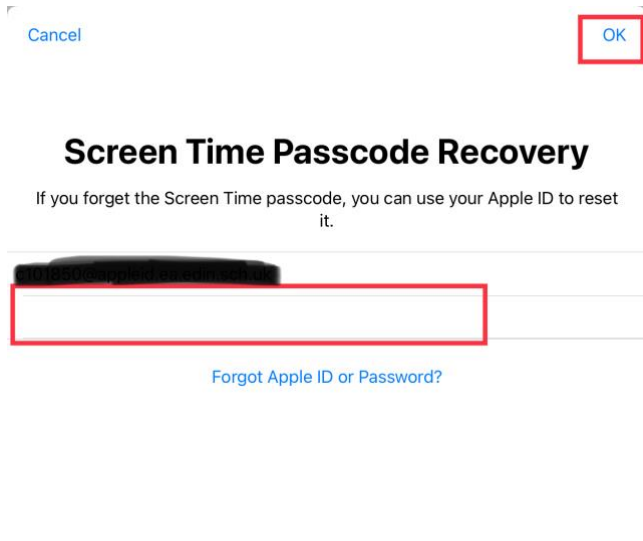
Apple ID

[Forgot Apple ID or Password?](#)

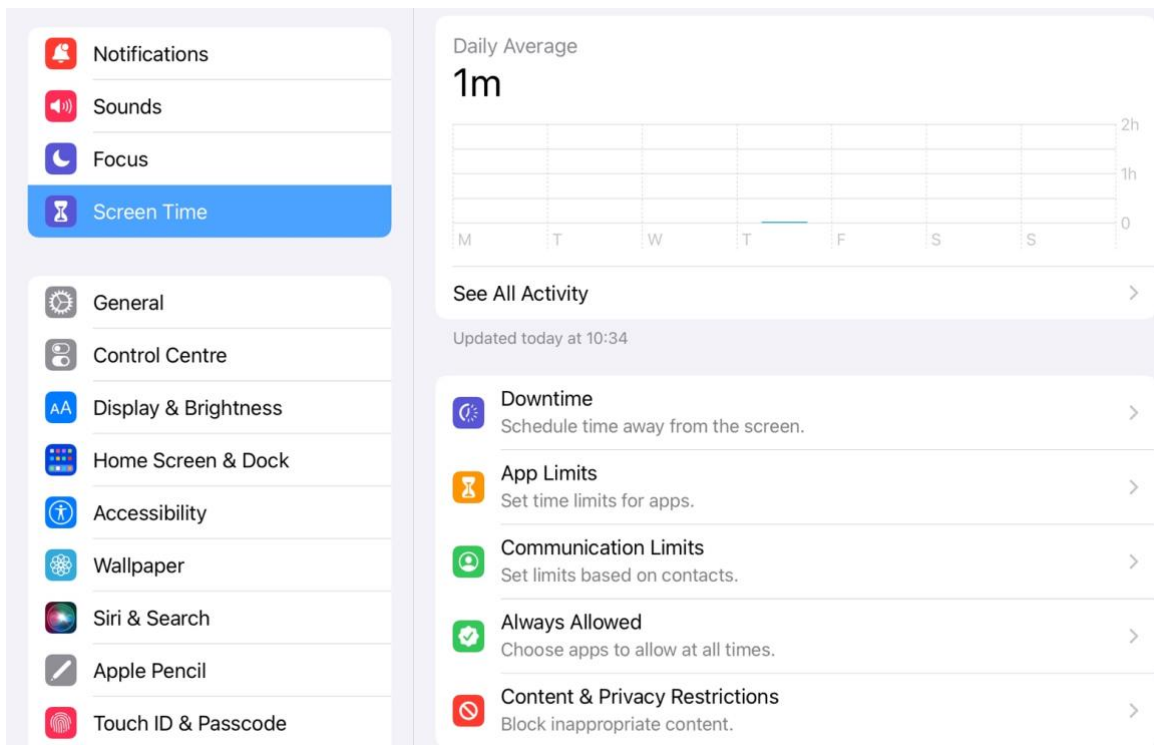
If you don't have an Apple ID, you can create a free one by following the instructions in this [link](#).

## Step 11

- Enter your **Apple ID Password**
- Tap **OK**



You can see a graph that shows the daily average activity on a weekly basis.



To alter **Downtime**, **Change the Screen Time Passcode** or **Turn Off Screen Time Passcode**, you would need to enter the Passcode you used to set it up.

