

Supporting Success: Information for parents, carers and young people

Academic Session 2023-24



Learning Intentions

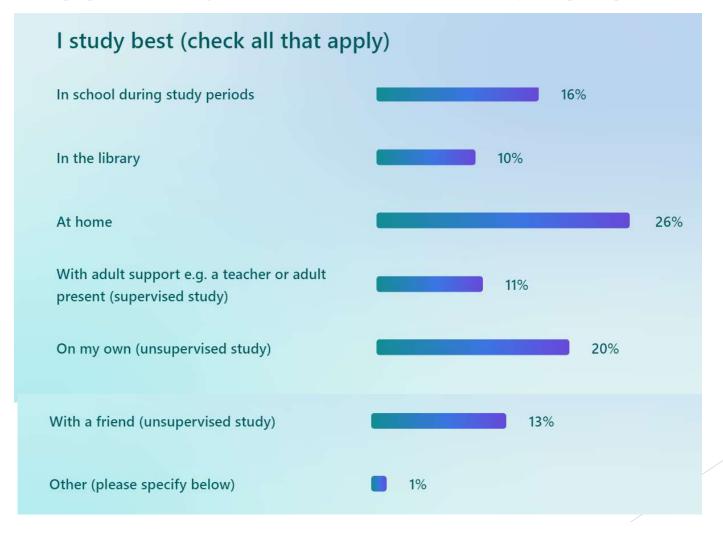
- ► To understand what you want when studying at home
- ▶ To understand how to use resources that are available online and in school to support good study habits at home
- ► To apply our knowledge of these resources to our own family situations so that you feel well supported.

Success criteria

- ► You will have the knowledge and skills to study well at home
- Drummond pupils will feel supported with learning in school and at home

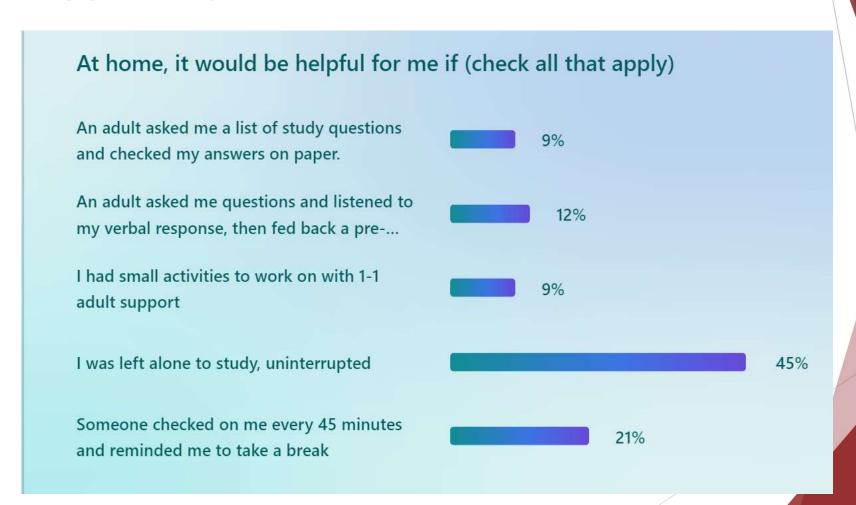


Supporting success to study: pupil views



I study at home: Always 11% Often (regularly) 50% Seldom (rarely) 33% Never 3%

Supporting success at home



Supporting you to study in school

- ► The library is open Mon-Thu 8.15am 4.30pm for homework. Check with Ms Wallace for Friday times.
- Study Skills Workshop, Tuesday 7th November, 3.30-4.30pm, ICT room.
- ► There are a range of supported study classes available at lunch times and after school.
- Most subjects offer supported study to anyone who wants it. If the class you want support with is not on the list, please check with your teacher.
- We offer supported study sessions in school during the Easter hols.
- Online resources to support study are high quality and free.



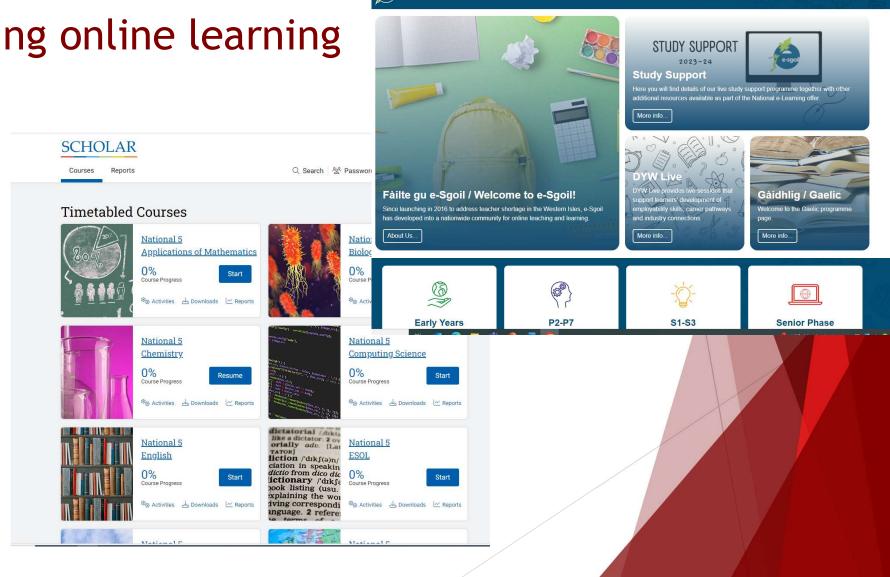
Supported study on offer

Class on Offer	Day	Time	Room
Art	Monday/Thursday	3.30 - 4.30pm	Art Dept
Biology	Tuesday	3.30-4.15pm	Science
Chemistry	Tuesday	3.30-4.15pm	Science
Drama	Wednesday	1.05pm - 1.40pm	Drama
Maths	Daily drop ins after school	3.30-4.00pm	Maths - various
Modern Studies	Wednesday	3.30-4.00pm	Mod Studs
Practical Cookery	Monday/Tuesday	1.05-1.40pm	HE
Study Skills Workshop	Tuesday 7 th November	3.30 - 4.30pm	ICT



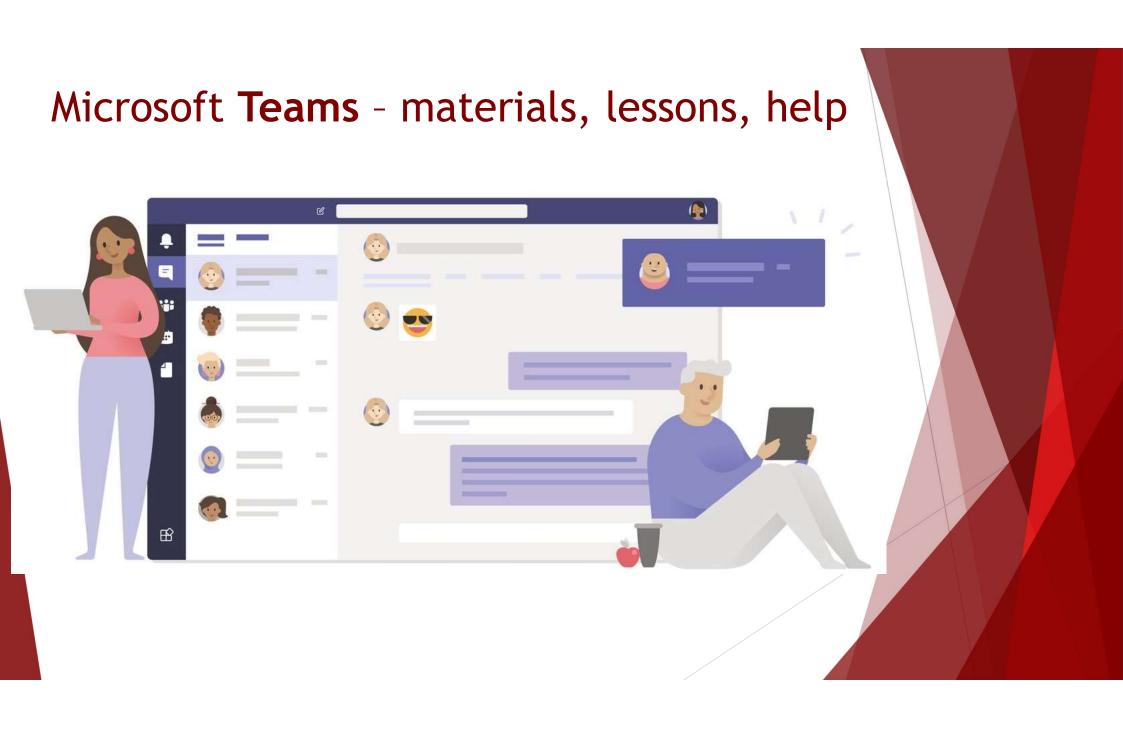
Supporting online learning

- **Teams**
- **SCHOLAR**
- E-sgoil
- Past papers
- **BBC** Bitesize
- Dr Frost Maths
- **Brainscape**
- Kahoot
- Socrative
- Isaac Physics
- **Translator**
- Google Docs
- Youtube



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Accessibility Tools Q





	MONDAY		
Time	Subject	Level	
	HFT	N5/Higher	
5pm	Maths	N5	
	Practical Cookery	N5	
	Physics	Higher	
	Physics	Advanced Higher	
6pm	Human Biology	Higher	
	Business Management	N5	
	Applications of Maths	N5	
	RMPS	N5	
	Applications of Maths	Higher	
	Business Management	Advanced Higher	
7	Biology	Higher	
7pm	Computing Science	Higher	
	Biology	Advanced Higher	
	Computing Science	N5	



TUESDAY						
Time	Subject	Level				
4pm	Maths	N4				
	Modern Studies	Higher				
_	Music	N5				
5pm	Maths	Higher				
	Gaelic (learners)	N5/Higher				
	Spanish	Higher				
	Maths	Advanced Highe				
6pm	Business Management	Higher				
	Chemistry	N5				
	Music	Higher				
7pm	Accounting	Higher				
	English	Higher				
	Chemistry	Advanced Highe				

THURSDAY					
Time	Subject	Level			
5pm	Engineering Science	N5			
	Engineering Science	Higher			
	Physics	N5			
	Chemistry	Higher			
	Art and Design	Higher			
брт	Admin and IT	Higher			
	History	Higher			
	Design and Manufacture	N5			
	Biology	N5			
	PE	N5			
	PE	Higher			
7PM	History	N5			
	Graphic Communication	N5			

WEDNESDAY						
Time	Subject	Level				
5pm	French	N5				
	Graphic Communication	Higher				
	Geography	Higher				
	Gàidhlig	N5/Higher				
6pm	French	Higher				
	Geography	N5				
7pm	Design and Manufacture	Higher				
	English	N4				
	English	N5				
	English	Advanced Higher				

• e-sgoil online webinars

www.e-sgoil.com



National e-Learning Offer

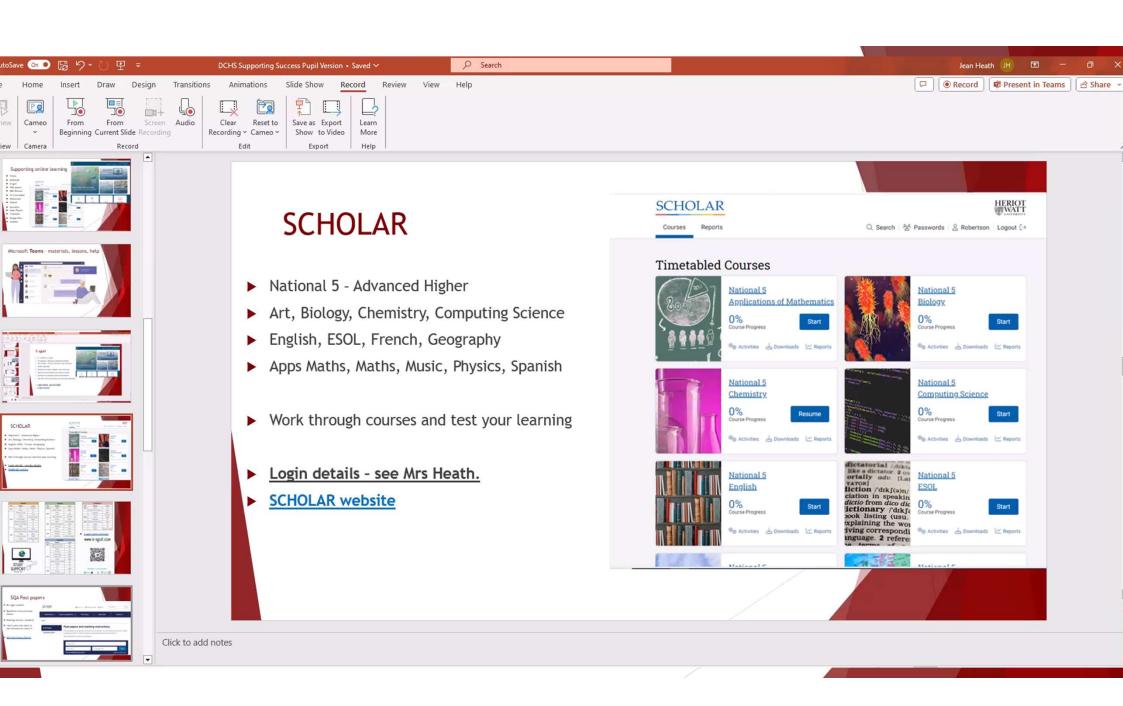


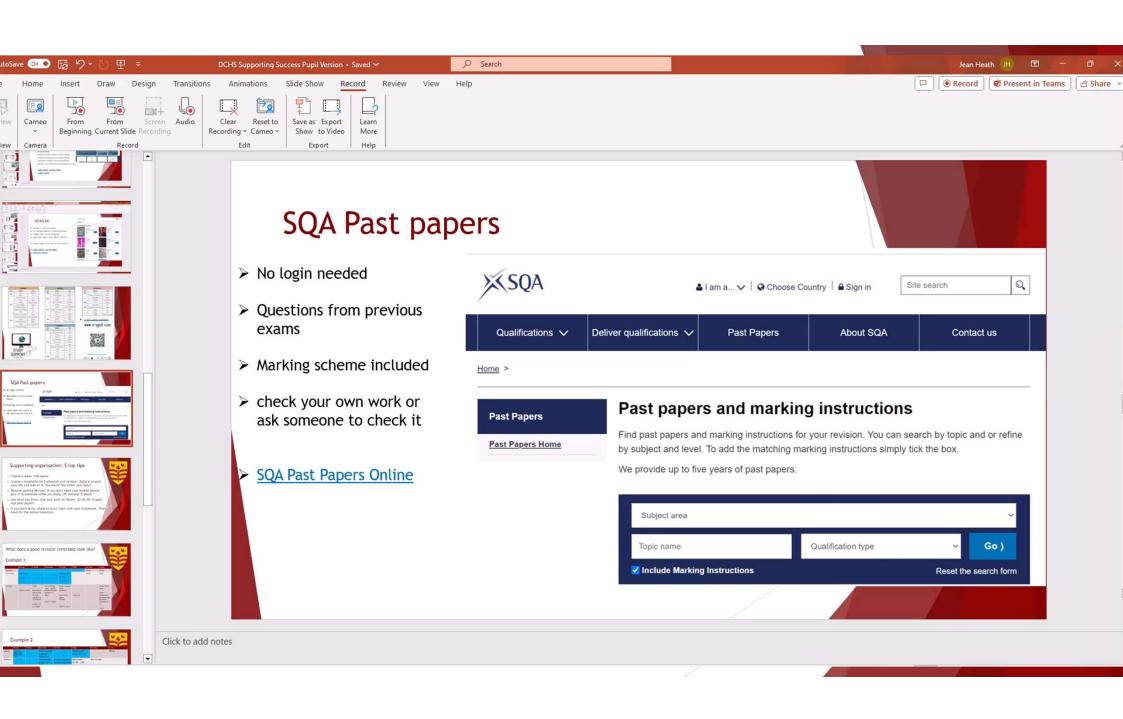












Supporting organisation: 5 top tips

- 1. Create a quiet, tidy space.
- 2. Create a timetable for homework and revision. Build it around your life and look at it. Too much? Too little? Just right?
- 3. Remove gaming devices. If you don't need your mobile phone, give it to someone while you study. (45 minutes is ideal)
- 4. Use what you know. Use your work on Teams, SCHOLAR, e-sgoil, SQA past papers.
- 5. If you don't know where to start, start with your homework. Then, head for the online resources.

What does a good revision timetable look like?

Example 1: Too much stuff!

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning						Sleep	Sleep
Afternoon	Homework 4-4.30			Homework in library 3.30-4.00		Sleep	Stuff
Evening	Stuff 6-11pm	Stuff Remember homework at 9.00. Finish it in 10 minutes. Stuff 9.10 - 11.30pm	Try to study. Can't - social media/friends instead. 5- 8pm Stuff 9-11pm	Want to login to PE webinar. Can't find login details. Stuff 7-12pm	Stuff 4-8		Home from stuff. Panic about lack of homework but don't actually do it. Stuff.

Example 2: Support from school



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning	Tired, don't make it into school until 10.30.		Help in school to access study time		Really tired. Arrive at 11am		Sleep
Afternoon			Drama study group 1.05 - 1.40	Help in school to access study time	Homework 12.30 - 1.30	See friends	
Evening	Homework 3.30-4.30 Caring responsibility	Biology study group 3.30 - 4.30 Caring responsibility	Caring responsibility	Homework 3.30-4.30 Caring responsibility	Caring responsibility	Caring responsibility	Caring responsibility

If this is what your week might look like, please let us know.

Example 3: A good balance



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning						Sleep	Sleep
Afternoon	Football club 3.30- 4.30				Homework 12.30 - 1.30	See friends	Lunch with my Granny
Evening	Homework 6-7 RMPS 7.15 - 8.00	Basketball 7- 9	Homework 5.30-6.30 English Webinar e-sgoil 7pm	Homework 3.30-4.30 Cadets 6.30pm		Strictly!	Spanish 5- 5.45 Maths 6.00- 6.45

Supporting you to be:



- Realistic: What does your week look like?
- Prepared: Do you have what you need? Can we help?
- ► Honest with yourself: Where, when, how do you study best?
- Brave: Tackle your most challenging subject first. Ask for help.
- Organised: make a timetable, charge your ipad, give someone your phone.
- ► Kind to yourself: what did you get done? Appreciate your hard work.
- ► Mindful: Have you rested, relaxed, spent time with family and friends, slept?



Supporting Revision Techniques



April

MON	TUE	WED	THU	FRI	SAT	SUN
1 Maths	2 English	3 English	4 Biology	Biology	Art	FREE
a Physics	9 History	10 Maths	11 English	12 English	13 Art	14 FREE
15 History	CDT	CDT CDT	18 English	19 Free	20 Maths	21 Maths
22 Maths	23 Maths	za Biology	25 FREE	26 Art	27 Physics	28 History







Supporting healthy lives

Do...

- Try. You can do it.
- ► Reward yourself.
- ▶ Be honest. Is it working for you? If not, what can you change?
- ▶ Go outside.
- ► Eat well, eat regularly. Drink water. Aim for 8 hours of sleep (at least!).
- See friends. Spend time with family.
- Tell us if it's too much or not going well.

Don't...

- ► Give up.
- ▶ Punish yourself.
- Assume you'll be fine without studying. You won't be.
- Give up your life: balance is key.
- Leave it to the last minute.
- Stay up late with energy drinks.
- ► Hide away or opt out. If you are struggling, speak to someone.





Signposting for support

- School Counsellor Lesley Hurd
- Senior Development Officer Jean Heath
- ► Guidance Team:
- ► Annandale Michael Paley, Bellevue Maria Rawluk, Claremont Leah Rankin
- Mental Health First Aider Jo Tindall
- Sleep Ambassadors Iona Thomas-Yates, Jo Tindall
- ► DYW: Amy Kirk
- ► Nurse: Rachel McCrae
- ► LEAPS

Supporting us, supporting you, supporting success.



